

# The Studio PROGRAMME

a place to create  
and connect  
for people with dementia  
and their carers



## Monday

### CARERS' CORNER

10.45 am

12:15 pm

Peer support for carers of people  
with dementia

### DAYCARE

1 pm

4 pm

Creative activities tailored to  
individuals with dementia

## Tuesday

### DAYCARE

10 am

1 pm

Creative activities tailored to  
individuals with dementia

### SPORTING MEMORIES

2 pm

4 pm

Conversation, games and  
refreshments for sports  
enthusiasts

## Wednesday

### COUPLES SUPPORT

11 am

12:30 pm

Volunteer-led group session  
Carers meet separately

### COUPLES SUPPORT

1.30 pm

3 pm

Volunteer-led group session  
Carers meet separately

## Contact The Studio

We meet at the Royal British Legion Hall, 16 Hall Croft, Beeston, BG9 1EL

PLEASE BOOK by ringing 07543 534336

EMAIL: [thestudio@imagineartsdem.co.uk](mailto:thestudio@imagineartsdem.co.uk)

**FURTHER DETAILS:** [www.thebeestonstudio.uk](http://www.thebeestonstudio.uk)

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