



New name, same aim

The secret is out ... our new name is now officially **Dementia Studio**! The addition of the word dementia makes our purpose clearer. The charity's aims and structure have not changed. We are simply 're-branding' so that the wider public understands what we do. Our aim is still to enrich the lives of people with dementia and to support their carers using the best evidence available about what helps.

News

Our Christmas party had some unexpected guests. Two Community Police Officers volunteered to deliver our order when they met Fran our Administrator in the queue at Greggs. They arrived in the 'nick' of time, leading to some misgivings about whether they were genuine or had run off with 14 boxes of sandwiches.

A burst pipe in January caused the cancellation of Carers' Corner and the relocation of day care to the nearby care home Beeston Rise in Ellis Grove. We are very grateful to Tyler the manager and to the staff at Beeston Rise who made us welcome at short notice. Handmade Theatre Company members Suzy, Miriam and Becky (shown, l-r) led a lively day care session. We also thank Adam the plumber who put everything right so quickly at the British Legion.



The second Walk & Talk outing took place on Thursday 23rd January. This time the route was about 4 miles in Wollaton Park. Future walks are planned, look out for dates and destinations.

The Going Solo group for bereaved carers meets on the first Thursday of every month at the Dementia Studio, from 2.30-4.00 pm. All are welcome, for conversation, friendship and refreshments.

Coming soon ...



Dementia-friendly exercise courses. Five-week courses funded by Sport England and led by physiotherapists are offered to people with dementia and their carers for free at various venues. The next course starts on 13th March at the Beeston British Legion Hall, followed by a course starting 13th June at the Radford Care Centre. Contact us by email or phone for further details.

General Manager Job. The Trustees of the charity have decided to recruit a part-time (20h) co-ordinator to manage the operations of Dementia Studio. This post will be advertised around Easter, but if you know anyone who might be interested, do encourage them to arrange to visit us to find out more about the role.

Introducing ... our artists

Many artists and makers have led activities for us in the past year. They have introduced our guests to an incredible range of themes, materials, and creative opportunities. Here, we present two regular contributors. George Dunbar (below) is our lead artist. He plans monthly themes and leads sessions on alternate Mondays and Tuesdays. George is an artist and musician who lives in Chilwell.



Sarah Camplin (above), who is based in Stapleford, has been working as a freelance artist since 2017, delivering creative workshops such as tapestry and mosaics, as well as developing and adapting creative sessions for people of all ages and backgrounds throughout her professional life.

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